



Buy Fresh, Buy Local

Roosevelt, NJ

Why is locally grown food important?

- It tastes better because it's picked when fresh, not harvested in advance for long-distance shipping.
- It's better for your health because fresh food contains more nutrients.
- It's better for the environment because it maintains open space and promotes sustainable practices.
- It's better for the community because it supports and creates a connection with local farm families.
- It's better for the climate because it reduces carbon emissions from long-haul transport of food.

In Roosevelt, locally grown food is available at Mendies Farm, which operates a roadside stand and CSA (Community Supported Agriculture, where members buy a share of the produce grown on the farm). The farm is owned and managed by Roosevelt residents Lawrence and Heidi Mendies.

Mendies Farm

65 North Rochdale Avenue

Roosevelt, NJ 08555

(intersection with Nurko Road)

www.mendiesfarm.com

Lmendies1@gmail.com

(609) 820-8809

In neighboring towns, locations offering locally grown food include:

Produce Paradise (roadside stand)

Assunpink Wildlife Management Area, on the Clarksburg-Robbinsville Road, by the large sycamore trees.

Corner-Copia

619 Mercer Street

Hightstown, NJ 08520

(behind Tri-County Co-op)

www.corner-copia.com

(609) 426-8884

Lee Turkey Farm

201 Hickory Corner Rd.

East Windsor, NJ 08520

www.leeturkeyfarm.com

(609) 448-0629

Hightstown Farmers Market

N. Main Street

Hightstown, NJ 08520

(Memorial Park, in center of town)

Parks&Rec@hightstownborough.com

(609) 490-5100

To find other locally grown food locations throughout New Jersey go to www.jerseyfresh.nj.gov/find.

This list can be downloaded from the Borough of Roosevelt website at <http://rooseveltnj.us/boards-commissions/environmental-commission>. The information contained herein is provided by the Borough of Roosevelt for the use and convenience of the public, and does not constitute endorsement or recommendation by the Borough of Roosevelt, its officers, employees, or agents, which shall not be liable for damages or losses of any kind arising out of or in connection with the use or performance of this information.